



FEATURE OF THE MONTH

Hurst's Berry Farm

It was 1980 when Mark and Patty Hurst first started a 3.5 acre berry farm in Sheridan, Oregon. Hurst's Berry Farm offers a wide selection of fresh berries including blueberries, raspberries, blackberries and more. This summer, we're able to offer blueberries from HBF.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
Lunch: No School		2 Breakfast: Muffin, String Cheese, fresh fruit Lunch: Cheesy Quesadilla with Refried Beans, fresh fruit, and veggies	3 Breakfast: WG Original Cheerios, Yoplait Raspberry Yogurt, fresh fruit Lunch: (V, GF) Vegetarian Taco Salad, fresh fruit, and veggies	4 Breakfast: WG Apple Oatmeal Bar, String Cheese, fresh fruit Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies Alt. Lunch: (V) Mac and Cheese, fresh fruit, and veggies	5 Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies					
9 Breakfast: String Cheese, Chocolate Grahams, fresh fruit Lunch: (V) Mozzarella Pasta Bake, WG Garlic Bread, fresh fruit, and veggies	10 Breakfast: Muffin, String Cheese, fresh fruit Lunch: Chicken Stuffing & Gravy, fresh fruit, and veggies Alt. Lunch: (V, GF, DF) Egg Fried Rice, fresh fruit, and veggies	11 Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit, Fruit Juice Lunch: (V) Rolled Enchiladas with Refried Beans, fresh fruit, and veggies	12 Breakfast: Hardboiled Egg, Honey Oat Granola Bar, fresh fruit Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	13 Breakfast: Muffin, fresh fruit, Applesauce Cup Lunch: Turkey & Cheddar Hoagie, fresh fruit, and veggies Alt. Lunch: (V) Veggie & Cheese Hoagie, fresh fruit, and veggies						
16 Breakfast: WG Honey Nut Cereal, String Cheese, fresh fruit Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies	17 Breakfast: Muffin, String Cheese, fresh fruit Lunch: Chicken Pasta Alfredo, fresh fruit, and veggies Alt. Lunch: (V) Pasta Alfredo, fresh fruit, and veggies	18 Breakfast: Annie's Honey Grahams, Hardboiled Egg, fresh fruit Lunch: (V, GF, DF) Hearty Chili, WG Tortilla Chips, fresh fruit, and veggies	19 Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit Lunch: (DF) Chicken Bites, fresh fruit, and veggies Alt. Lunch: (V) Mac and Cheese, fresh fruit, and veggies	20 Breakfast: WG Original Cheerios, String Cheese, fresh fruit Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies						
23 Breakfast: WG Blueberry Pomegranate Oat Bar, Yoplait Raspberry Yogurt, fresh fruit Lunch: (GF Filling, DF) Soft Chicken Tacos, fresh fruit, and veggies Alt. Lunch: (GF Filling, V, DF) Soft Taco w/ Pinto Beans, fresh fruit, and veggies	24 Breakfast: String Cheese, Annie's Honey Grahams, fresh fruit Lunch: (V, GF, DF) Egg Fried Rice, fresh fruit, and veggies	25 Breakfast: Yoplait Raspberry Yogurt, Muffin, fresh fruit Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies	26 Breakfast: WG Strawberry Oatmeal Bar, Hardboiled Egg, fresh fruit Lunch: (DF) Teriyaki Chicken with Rice, fresh fruit, and veggies Alt. Lunch: (V, DF) Teriyaki Black Bean & Rice, fresh fruit, and veggies	27 Breakfast: Honey Oat Granola Bar, String Cheese, fresh fruit Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies Alt. Lunch: (V) Veggie & Cheese Hoagie, fresh fruit, and veggies						
30 Breakfast: String Cheese, WG Honey Nut Cereal, fresh fruit Lunch: (V) Mozzarella Pasta Bake, fresh fruit, and veggies										

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

Ashe' Prep is an equal opportunity provider.